



Testimonials

"Our son had been through so many ineffective (for him) programs before he arrived at Spring Lake Ranch. It was the first program where he didn't feel institutionalized; instead, he felt like he was part of a healing community. It wasn't all bread and roses, and it didn't free him of his challenges forever and always, but it gave him time to experience being himself, and to regain a sense of self-confidence and competence."

"The most miraculous part to me was that in the brief time between dropping him off only a few months ago to now he had become a part of the community. He had conversations. He made eye contact and greeted other people by name. He was happy. When I joined him outside, he spontaneously introduced me to others, explained his role in the harvest and preparations, and alluded to the surprise of a performance later. I remain so grateful to have the opportunity for just a glimpse of that healthy functional person and reflect on it in moments of difficulty even now. Spring Lake Ranch truly provided our family the gift of life."

"I now live a life I never thought I could; thanks to the program I am able to manage being an independent, self-reliant adult."

"Only a year after her suicide attempt, she is healthier and happier than I could ever have imagined. The ongoing support and expertise of the Ranch community and her ability to make meaningful contributions to that community has saved her life. I am amazed by this beautiful young woman who can now express ideas and feelings, mentions plans for a future, and can navigate challenges, thanks to the intervention of Spring Lake Ranch."

"I do not believe I exaggerate when I say that my family member is alive today due to the services provided by Spring Lake Ranch. The efforts of your staff are truly lifesaving on so many levels. Thank you to a staff that cares; a staff with the expertise and skill needed to keep him on track."

"I remain grateful for the help and wisdom of the people who can be found in places like Spring Lake Ranch."

"Life does change when you have a child that may or may not ever be fully independent. When you reach a point where you lean back a bit and say, 'I've done my job.' It's a life waiting for the next shoe to drop; but, I have also learned that I can choose to live fully in the spaces in-between. The time your child spends at Spring Lake Ranch can be one of those spaces in-between. Time to breathe a bit more deeply, and sleep a bit more soundly. Time to relearn how to parent. Time to ponder a future of uncertainty and rein in the hours of worry."

"I have come to realize just how much I learned and grew at Spring Lake Ranch. It might not have always been obvious to me while collecting sap, building a canvas, raking leaves or socializing with other residents, but I was soaking up vital information, working through very difficult and confusing personal issues and developing a cohesive narrative that I take with me to this day."

"You were all so gracious and supportive to both of us. He is still flourishing: living in his own apartment, working on a local farm, and looking forward to new job opportunities in November! I'm so proud of his progress and thank you all for your amazing support!"